



## Benzodiazepine Patient Information and Agreement Form

Benzodiazepines are most often prescribed for the short term management of anxiety or insomnia. Commonly used medications in this class include diazepam (Valium), lorazepam (Ativan), clonazepam (Klonopin), and alprazolam (Xanax). All benzodiazepines have the same potential side effects. Some of the most commonly reported side effects are drowsiness, forgetfulness, impaired concentration, difficulty multitasking, slowed reaction time, incoordination, slurred speech, and symptoms of emotional disinhibition like social inappropriateness or quickness to anger or tears. It is not recommended that you drive or operate heavy machinery after taking a benzodiazepine because of the effect these medications have on attention and responsiveness. Benzodiazepines have the potential for abuse, addiction, and withdrawal and are not to be taken daily or for extended periods of time. The withdrawal from benzodiazepines is very similar to the withdrawal from alcohol and can potentially be dangerous. Benzodiazepines are never to be combined with alcohol. Benzodiazepines are highly controlled by the FDA and are carefully monitored. For these reasons, lost or stolen prescriptions may not be refilled or replaced.

By signing this form you acknowledge the above and consent to the terms of treatment.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_